



PE Policy

The Ethos of PE at Westfield School

We believe in giving all pupils, irrespective of their academic or physical ability, the opportunity to discover and develop their physical potential through a balanced and developmental programme of activities. This, we believe, is a vital component in the development of children's physical and emotional health and well being; and in addition to sporting expertise includes qualities such as enjoyment and co-operation.

We are committed to achieving maximum participation for all children whilst recognising the need for equal opportunities on the grounds of gender and children's specific individual needs. We believe in allowing children to apply skills, knowledge, and concepts; and to recognise and celebrate progression and achievement.

We are further committed to recognising the importance of physical activity of children outside the curriculum. We believe that links with sporting bodies, clubs; and the provision of extracurricular activities organised by the school create positive experiences; and that the recognition and celebration of children's achievements outside school promote an awareness of the value of physical activity for all children.

We aim for our PE lessons to include challenges for all pupils, which involve developing:

- A sense of accomplishment and achievement.
- Learning something new and wanting to learn more.
- Physical well being.
- A feeling of independence.
- Wanting to perform well and with imagination and flair.
- Skills of co-operation through working as a team player.
- The ability to evaluate our skills and the skills of others to progress.

We see the above as essential to developing and maintaining high standards of PE in our school.

Our Aims

- That all pupils are given full access to the PE curriculum and are able to achieve their full potential in accordance with our 'SPICE' vision.
- To ensure all pupils are aware of the importance of safety in P.E. and are taught to understand the reasons for certain rules such as clothing, hygiene, warming up and cooling down.
- Develop the knowledge and confidence of our staff through the sharing of expertise and the advice and support of the East Riding Sports Partnership (West), Cottingham Primary School's cluster group and other sporting bodies that work and liaise with the school.
- To make best use of outside specialist expertise in coaching and instruction in a range of activities.
- To share as a school the responsibility of developing the long term planning of PE; encompassing the demands of the National Curriculum; by using clear learning objectives that provide progression through the key stages.
- To promote an understanding of the relationship between physical activity and good health, thereby increasing active participation. This may be achieved by promoting additional activities like swimming, cycling proficiency and walking to school.

Health and Safety

Staff should know what to do and who to call for assistance in the event of an accident.

Inhalers for children suffering from asthma must be readily accessible. Children should be allowed access to water during lessons and should be responsible for their own water bottle.

Regular checks should be made on all equipment. The PE co-ordinator will make frequent visual checks for wear and tear and security of major items, and all staff should be responsible for reporting to the co-ordinators when any items need replacing or repairing. Any items constituted a danger should be taken out of use immediately.

- All large items of PE equipment are inspected annually by an independent safety officer under a contractual agreement.
- Children should be taught how to move and use apparatus safely under supervision of a teacher or responsible adult.
- Children should be made aware of safe practice when undertaking any PE activity (eg - stopping when asked, the moving of PE equipment, the importance of well fitting footwear)
- Children should understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery.

PE Kit

Teachers are encouraged to change into suitable footwear and clothing as a model, to show that appropriate clothing is needed for these activities.

For pupils in KS1 the dress code is as follows:

- plain shorts (these should be above the knee)
- t-shirt (in house colours, or plain white - football shirts are not acceptable)
- well fitting trainers for outside lessons
- tracksuits for cold weather

For pupils in KS2 the dress code is as follows:

- plain shorts (these should be above the knee)
- t-shirt (in house colours, or plain white - football shirts are not acceptable)
- well fitting trainers for outside lessons
- tracksuits for cold weather

Swimming:

- girls must wear a one-piece swimming costume
- boys must wear traditional swimming trunks (not swimming/Bermuda style shorts)
- goggles may be worn

For safety reasons it is imperative that the dress code is followed for all lessons. Under no circumstances should children wear tights or socked feet on apparatus as this can be dangerous.

Children who persistently forget their PE kit should be reminded of the importance of PE and if necessary a letter should be sent to their parents asking for their co-operation.

Long hair must be tied back at all times. All jewellery should be removed before the lesson. Pierced earrings may be taped on young children unable to remove their earrings. Staff should not remove children's earrings.

Children should only miss PE lessons on health grounds if this is requested by their parents or by a note to the teacher.

Special Educational Needs

Provision will be made for children with special educational needs where it affects their performance in PE; this may be in differentiated activities, or additional adult support during lessons.

Gifted and Talented

We believe in creating opportunities and experiences to extend and develop even our most gifted sporting pupils. Activities and competitions within the cluster and surrounding area will be offered to these children to give them the opportunity to excel. Differentiation within lessons should take into account their individual needs and the use of different equipment or by varying the task should be planned for.

Extra-curricular Activities

There is a selection of extra curricular activities supervised by staff in their own time. These include:

- football
- cricket
- netball
- rounders
- table tennis
- dance
- judo
- gymnastics
- multi-skills

These activities provide opportunities for more advanced coaching and competition with children from other schools. We strive to create links with sporting bodies and clubs where children's enthusiasm is channelled into positive experiences outside school. Sporting achievement is highlighted in school and class assemblies.

School Sport Awards

We currently hold the School Games Gold award (2018-2019). Also, we gained the Youth Sport Trust Silver Kitemark in 2017-2018. Our school continues to work hard to achieve recognised status for physical activity and school sport.

Assessment

The children will be assessed by the teacher as an integral part of the teaching process. The assessment will be an aid to future session planning and also to enable the teacher to be able to provide constructive comments for both parents and colleagues.

The teacher should look at what he/she hoped the children would achieve and assess them according to how well they actually did.

Staff Training

The PE Subject Leader attends training and cascades relevant information to staff within school as necessary during staff meetings.

Our school is part of a local partnership with Cottingham High School, which is part of the East Riding School Sport Partnership (West). There are termly meetings to organise tournaments for the pupils to compete against other local primary schools and to offer training opportunities.

In addition, our school is part of the Tigers Trust School Sport Partnership, This allows school staff to observe and team teach lessons, which enhances good practice.

Policy Review

This policy will be reviewed annually, and any amendments will be made as necessary.

PE Subject - Intent, Implementation and Impact Document

Intent

Westfield Primary School recognises the value of Physical Education (P.E) and Sport. We have worked collaboratively to build and adjust our PE curriculum so that it is relevant, broad and challenging. We want our pupils to deepen their understanding of how and why it is important to lead a healthy, active lifestyle. We fully adhere to the aims of the national curriculum for physical education to ensure that our pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities

- lead healthy, active lives

Implementation

P.E. is taught at Westfield Primary School for 2 hours per week as well as integrated where possible with other curriculum areas, such as PSHE and Science.

We teach lessons so that our pupils:

- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes, such as resilience and respect.
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Have a foundation for lifelong physical activity, leaving primary school as physically active.

Impact

P.E is taught as a basis for lifelong learning, where our pupils have access to a wide range of activities in the belief that if taught well and pupils can succeed, then they will continue to have a physically active life.

A high-quality physical education curriculum inspires our pupils to succeed and excel in competitive sport and other physically-demanding activities. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect which will enable our pupils to become better citizens both inside and outside of school.