



Westfield Primary School



PE POLICY



The Ethos of PE at Westfield School

We believe in giving all pupils, irrespective of their academic or physical ability, the opportunity to discover and develop their physical potential through a balanced and developmental programme of activities. This, we believe, is a vital component in the development of children's physical and emotional health and well being; and in addition to sporting expertise includes qualities such as enjoyment and co-operation.

We are committed to achieving maximum participation for all children whilst recognising the need for equal opportunities on the grounds of gender and children's specific individual needs. We believe in allowing children to apply skills, knowledge and concepts; and to recognise and celebrate progression and achievement.

We are further committed to recognising the importance of physical activity of children outside the curriculum. We believe that links with sporting bodies, clubs; and the provision of extracurricular activities organised by the school create positive experiences; and that the recognition and celebration of children's achievements outside school promote an awareness of the value of physical activity for all children.

We aim for our PE lessons to include challenges for all pupils, which involve developing:

- A sense of accomplishment and achievement.
- Learning something new and wanting to learn more.
- Physical well being.
- A feeling of independence.
- Wanting to perform well and with imagination and flair.
- Skills of co-operation through working as a team player.
- The ability to evaluate our skills and the skills of others in order to progress.

We see the above as essential to developing and maintaining high standards of PE in our school.

Our Aims

- That all pupils are given full access to the PE curriculum and are able to achieve their full potential in accordance with our 'SPICE' vision.
- To ensure all pupils are aware of the importance of safety in P.E. and are taught to understand the reasons for certain rules such as clothing, hygiene, warming up and cooling down.
- Develop the knowledge and confidence of our staff through the sharing of expertise and the advice and support of the SSCO, cluster group and Sports Development Officer.
- To make best use of outside specialist expertise in coaching and instruction in a range of activities.
- To share as a school the responsibility of developing the long term planning of PE; encompassing the demands of the National Curriculum; by using clear learning objectives that provide progression through the key stage.
- To promote an understanding of the relationship between physical activity and good health, thereby increasing active participation. This may be achieved by promoting additional activities like the 'Activate' programme, cycling proficiency and walking to school.

Health and Safety

Staff should know what to do and who to call for assistance in the event of an accident (designated First Aiders are Angela Oxtoby in KS1 and Vikki Garner in KS2).

Inhalers for children suffering from asthma must be readily accessible. Children should be allowed access to water during lessons and should be responsible for their own water bottle.

Regular checks should be made on all equipment. The co-ordinators will make frequent visual checks for wear and tear and security of major items, and all staff should be responsible for reporting to the co-ordinators when any items need replacing or repairing. Any items constituted a danger should be taken out of use immediately.

- All large items of PE equipment are inspected annually by an independent safety officer under a contractual agreement.
- Children should be taught how to move and use apparatus safely under supervision of a teacher or responsible adult.
- Children should be made aware of safe practice when undertaking any PE activity (eg - stopping when asked, the moving of PE equipment, the importance of well fitting footwear)
- Children should understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery.

PE Kit

Teachers are encouraged to change into suitable footwear and clothing as a model, to show that appropriate clothing is needed for these activities.

For pupils in KS1 the dress code is as follows:

- plain shorts (these should be above the knee)
- plain t-shirt (football shirts are not acceptable)
- well fitting trainers for outside lessons
- tracksuits for cold weather

For pupils in KS2 the dress code is as follows:

- plain shorts (these should be above the knee)
- t-shirt (in house colours, or plain white - football shirts are not acceptable)
- well fitting trainers for outside lessons
- tracksuits for cold weather

Swimming:

- girls must wear a one piece swimming costume
- boys must wear traditional swimming trunks (not swimming/bermuda style shorts)
- goggles may be worn

For safety reasons it is imperative that the dress code is followed for all lessons. Under no circumstances should children wear tights or socked feet on apparatus as this can be dangerous.

Children who persistently forget their PE kit should be reminded of the importance of PE and if necessary a letter should be sent to their parents asking for their co-operation.

Long hair must be tied back at all times. All jewellery should be removed before the lesson. Pierced earrings may be taped on young children unable to remove their earrings. Staff should not remove children's earrings.

Children should only miss PE lessons on health grounds if this is requested by their parents either by a note to the teacher.

Special Educational Needs

Provision will be made for children with special educational needs where it affects their performance in PE; this may be in differentiated activities, or additional adult support during lessons.

Gifted and Talented

We believe in creating opportunities and experiences to extend and develop even our most gifted sporting pupils. Activities and competitions within the cluster and surrounding area will be offered to these children to give them the opportunity to excel. Differentiation within lessons should take into account their individual needs and the use of different equipment or by varying the task should be planned for.

Extra-curricular Activities

There is a selection of extra curricular activities supervised by staff in their own time. These include:

- football
- cricket
- netball
- rounders
- table tennis
- dance
- judo
- golf
- multi-skills

These activities provide opportunities for more advanced coaching and competition with children from other schools. We strive to create links with sporting bodies and clubs where children's enthusiasm is channelled into positive experiences outside school. Sporting achievement is highlighted in school and class assemblies.

Assessment

The children will be assessed by the teacher as an integral part of the teaching process. The assessment will be an aid to future session planning and also to enable the teacher to be able to provide constructive comments for both parents and colleagues.

The teacher should look at what he/she hoped the children would achieve and assess them according to how well they actually did.

Policy Review

This policy will be reviewed annually and any amendments will be made as necessary.