



Westfield  
Foundation Stage  
Newsletter



All About Me  
and Being Healthy

Autumn (1)

Settling in

We hope your child is settling into their nurture group and class and making friends.

Please check that coats, shoes, uniform, PE kit, water bottles and lunch boxes are clearly named.

Our topic

This half term the children will be talking about themselves and their likes and dislikes. We will be adapting the environment so that activities and areas are inline with/ cater for the children's interests, as well as following the themes 'All about me' and 'Being healthy'.

For our 'All about me' topic we will be looking at different ways to draw/ paint and create pictures of ourselves using a range of different medias. We shall also be discussing our lives and interests, and considering how these differ from each other's and make us special. For our 'Being healthy' part of the topic we shall be looking at what things are important to remember to stay healthy, such as sleeping, hygiene, exercise and diet.

We shall also be having a 'French week' to celebrate European languages day, during which we will be sampling some yummy French food!

Phonics

When our assessments are completed, your child will be given some letter sounds to learn. Please help them pronounce the letter sounds correctly and use the actions illustrated on the back of the letter cards. Making the correct letter sounds will help your child with reading and spelling.

Reading books

Your child will soon be given a reading book with no words. These are pre-reading books and teach children how a book works. Please encourage your child to talk about the pictures and retell the story in their own words. Ask them questions about the pictures and let your child imagine what the characters might say and how they might feel. Children who are confident with letter sounds will be taught how to blend sounds together to make two and three letter words. They will then be given books with simple sentences.

Water bottles

Please remember to send water bottles full every day. Please can the children carry bottles in their hands rather than in book bags. Even if the bottle is in a plastic bag, water sometimes leaks out. We cannot afford to replace reading books if they get wet.

Activity Money

Please don't forget to pay £5 activity money to your child's group leader for the Autumn term i.e. September to December. You may prefer to pay £15 for the whole year. We use this money to buy resources like bulbs, potting compost, play dough ingredients, sand and party refreshments.

PE

PE is on Tuesday and Friday. Please practice putting on and taking off sweatshirts and socks at home. This will help your child change for PE independently. Turning clothes the right way out is a bit tricky too. If your child wears ear-rings, please cover them with a plaster or remove them and leave them at home on these days.

